

## Monday

**COLUMBIA** - 6 p.m. - LIVE OR DIE - Broadway Christian Church, 2601 W. Broadway Columbia, MO 65203 (Basement entrance on north side of building) [O/CL/#/N]

**JEFFERSON CITY** – 7 p.m. – WE MAKE IT HAPPEN – Calvary Baptist Church 1436 Hough Street Jefferson City, MO 65101 [O/V/W/#]

**MEXICO** - 7 p.m. - MEXICO GROUP - First Presbyterian Church, 400 Lakeview Rd, Mexico MO 65265 [O/V/CI/#/W]

**FULTON**- 7p.m. - NEVER ALONE - Callaway Christian Church, 2051 Silver Dr. Fulton, MO 65251 [O,#,W,V]

**COLUMBIA** - 7:30 p.m. - FREEDOM GROUP - First Christian Church 101 N. 10th St Columbia MO, 65201 [O/#/N]

## Tuesday

**JEFFERSON CITY** - 5:30 p.m. - FINALLY FREE - Capital City Christian Church at 1608 Swifts Hwy. Jefferson City MO 65109 Park In Lower Parking Lot By Dumpster [O/#/D]

**COLUMBIA**- 5:30 p.m. - QUARTER 'TIL NA Missouri United Methodist Church 204 S 9th St. Columbia MO 65201 (The first 20 min. will be for personal work on steps, traditions, &/or journaling. Discussion to follow) [C,#,B,L,W]

**COLUMBIA** - 6 p.m. - LIVE OR DIE- Broadway Christian Church, 2601 W. Broadway Columbia MO 65203(Basement entrance on north side of building) [O/CI/N/#]

**COLUMBIA**- 7p.m. - WHERE THERE'S A WILL THERE'S A WAY - St. Andrew's Lutheran Church 914 West Blvd S, Columbia, MO 65203 [O, L, W]

**ZOOM** - 7:00 p.m. SISTER TO SISTER - Meeting ID: 715 0855 8010 Password: 663878 [O/N]

**VANDALIA** - 7 p.m. - NO EXCUSES - Beacon Of Hope Church 201 N. Jefferson, Vandalia, MO, 63382 [O,L,D] (Back entrance of church)

**MARSHALL**-7p.m. - CHANGING LIVES GROUP- Presbyterian Church, 710 East Yerby Street, Marshall, MO, 65340-2352 [O,WC,BK]

**HANNIBAL** -7 p.m. New Attitudes Group, Park United Methodist Church, 2335 Palmyra Rd., Hannibal, MO 63401-4270 [O,D,WC]

## Wednesday

**COLUMBIA** - 6:30 p.m. - HUMP DAY - St Andrew's Lutheran Church 914 West Blvd. Columbia, MO 65203 (Lit. study 1st 3 wks) [C/B/S/T/#/W]

**MEXICO** - 7 p.m. - MEXICO GROUP - First Presbyterian Church, 400 Lakeview Rd, Mexico MO 65265 [C/V/CI/#/W]

**JEFFERSON CITY** - 7 p.m. – KEEPING IT REAL- Keeping it Real Group,Unitarian Universal Church,1021 Northeast Dr., Jefferson City, MO, 65109-2579 [C/D/#/W/O]

**MARSHALL**- 7p.m. Rock'n Recovery - 107 N. Miami, Marshall, MO 65340 [O,S,L,V]

**SEDALIA** - 7:30 p.m. - NEW BEGINNINGS - First Christian Church, 200 S Limit Ave, Sedalia, MO 65301, [O/#,W,V,CI]

**COLUMBIA**- 8:30 p.m. - SPIRITUAL CONNECTIONS Missouri United Methodist Church 204 S 9th St. Columbia, MO 65201(Entrance at the side of the building under the awning) [C,#,W, D]

## Thursday

**ZOOM -12:00pm** We Wanna Live Group Zoom ID: 574 127 571, Passcode: 824953

**JEFFERSON CITY** - 5:30 p.m. - FINALLY FREE - Capital City Christian Church at 1608 Swifts Hwy. Jefferson City, MO 65109 Park In Lower Parking Lot By Dumpster [O/#/D]

**COLUMBIA**- 5:45 p.m. - QUARTER 'TIL NA Missouri United Methodist Church 204 S 9th St. Columbia MO 65201 [C,#,L,W]

**COLUMBIA** - 7 pm - JUST FOR TODAY First Christian Church, 101 N. 10th St., Columbia, MO 65201 [O/N]

**HANNIBAL** -7 p.m. New Attitudes Group, Park United Methodist Church, 2335 Palmyra Rd., Hannibal, MO 63401-4270 [O,D,WC]

## Friday

**MEXICO** - 12 p.m. - MEXICO GROUP - First Presbyterian Church, 400 Lakeview Rd, Mexico MO 65265 [O/V/CI/#/W]

**JEFFERSON CITY** - 5:30 p.m. - NO MATTER WHAT - Wesley United Methodist Church, 2727 Wesley St. Jefferson City, MO 65109 [O/#]

**COLUMBIA**- 6 p.m. - SHOW ME YOUR RECOVERY - The Armory 701 W Ash Columbia, MO 65201 [O/#/W] Lit Study on the 1st and 3rd of the month (enter through rear entrance door at the back of building)

**MARSHALL**- 7 p.m. - CHANGING LIVES GROUP - Presbyterian Church, 710 East Yerby Street, Marshall, MO, 65340-2352 [O,WC]

**FULTON**- 7pm - NEVER ALONE - Callaway Christian Church, 2051 Silver Dr. Fulton, MO 65251 [CI/#/W/V]

## Saturday

**COLUMBIA** - 10 a.m. - SATURDAY SERENITY Broadway Christian Church, 2601 W. Broadway, Columbia, MO 65203 (Basement entrance on north side of building) [O/V/#/N]

**COLUMBIA** - 7 p.m. - SATURDAY NIGHT SOLUTIONS - Unity Center of Columbia - 1600 W. Broadway Columbia, MO 65203 [C/V/#/W]

**JEFFERSON CITY** - 7 p.m. – KEEPING IT REAL Unitarian Universal Church,1021 Northeast Dr., Jefferson City, MO, 65109-2579 [C/D/#/W/CI]

**MARSHALL**- 7p.m. Rock'n Recovery - 107 N. Miami, Marshall, MO 65340 [O,S,L,V]

## Sunday

**COLUMBIA** – 6 p.m. – WE DO RECOVER – Unity Center of Columbia, 1600 W. Broadway Columbia, MO 65203(Use main door by waterfall, head left down hall and into Friendship Hall on your right) [C/L/W/#/H]

**FAYETTE**- 6:00 pm KEYS TO FREEDOM Hillside Baptist Church 140 MO-240, Fayette, MO 65248 [O,D,To,WC]

**MEXICO** – 7 p.m. – MEXICO GROUP - First Presbyterian Church, 400 Lakeview Rd, Mexico MO 65265 [C/#/W/L]

**SEDALIA** - 7 p.m. - NEW BEGINNINGS - First Christian Church, 200 S Limit Ave, Sedalia, MO 65301, [O/#/W/L] 3rd Sun Step Study]

**COLUMBIA** - 7:30 p.m. - WE WANNA LIVE- Broadway Christian Church, 2601 W. Broadway Columbia, MO 65203(Basement entrance on north side of building) [O/N/#/V]

**JEFFERSON CITY** - 7 p.m. ONE STEP AT A TIME - Memorial Baptist Church, 1120 Madison St., Jefferson City, MO 65101 [C,L,S,W/#]

## Additional ZOOM Meetings

International Marathon Meeting (24/7): ID is 494 965 5895 Password: 1953

NANA Marathon Meeting (24/7): ID is 558 544 927 Password: 247247

For other virtual meetings please refer to <https://virtual-na.org/>

Please email midmopr@gmail.com for any updates needing to be made to schedule.

**Key:**

C = Closed meetings are only for addicts or for people who think they may have a drug problem.

O = Open meetings are open to the general public.

O\* = Open last week of the month

# = Non-Smoking

+ = Smoking

B = Basic Text Study

L = Literature Study

S = Step Study

T = Tradition Study

CI = Candlelight

V = Format Varies

D = Discussion

W = Wheelchair Access

N = Non-Wheelchair Access

11 – 11th Step Meditation

H = Childcare Available

ASC INFO: Meets 1st Sunday of the month  
(unless otherwise specified)

Moss Building, 1905 Hillcrest Dr., Columbia,  
MO 65201

The following subcommittees meet before the  
ASC on the same Sunday.

- 12:00 p.m. Cabin Fever Prevention Conv
- 12:00 p.m. Hospitals & Institutions (H&I)
- 12:30 p.m. Activities
- 1:00 p.m. Public Relations (PR)
- 2:00 p.m. Business Meeting

N.A. is not affiliated with nor endorses any of  
the facilities in which the meetings are  
located.

If you are looking for meetings outside of our  
area please visit the NA World Website [www.na.org](http://www.na.org)

**Suggestions for Staying Clean**

- Attend 90 meetings in 90 days.
- Stay away from old playgrounds, playmates, and playthings.
- Get phone numbers and use them.
- Spend time with other recovering addicts.
- Get a Sponsor and Work the Steps.
- Get involved with Service.
- Keep coming back.

**Names & Phone Numbers**


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**N.A. is not affiliated with  
any of the facilities where  
the meetings are held.**

**RECOVERY SCHEDULE for  
the Mid-Missouri Area of  
Narcotics Anonymous Est.  
1986**

**Jan., Feb., March 2026**

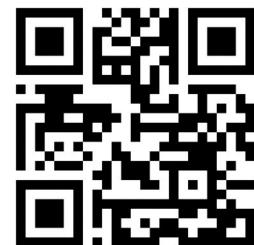
Columbia, Fulton, Jefferson City,  
Mexico, California, Sedalia,  
Marshall, Hannibal,  
Vandalia, and Farber

**24-HOUR HELPLINE  
1-800-945-HOPE (4673)**



**NARCOTICS ANONYMOUS**  
P.O. Box 1364  
Columbia, MO 65205

A non-profit organization pursuant  
to IRS Code 501(c)(3).



For upcoming events and latest  
information visit our Website  
at: [www.midmissourina.com](http://www.midmissourina.com)