Monday

COLUMBIA - 6 p.m. - LIVE OR DIE - Broadway Christian Church, 2601 W. Broadway Columbia, MO 65203 (Basement entrance on north side of building) [O/CL/#/N]

JEFFERSON CITY – 7 p.m. – WE MAKE IT HAPPEN – Calvary Baptist Church 1436 Hough Street Jefferson City, MO 65101 [O/V/W/#]

MEXICO - 7 p.m. - MEXICO GROUP - First Presbyterian Church, 400 Lakeview Rd, Mexico MO 65265 [O/V/CI/#/W]

FULTON- 7p.m. - NEVER ALONE - Callaway Christian Church, 2051 Silver Dr. Fulton, MO 65251 [O,#,W,V]

COLUMBIA - 7:30 p.m. - FREEDOM GROUP - First Christian Church 101 N. 10th St Columbia MO, 65201[O/#/N]

Tuesday

JEFFERSON CITY - 5:30 p.m. - FINALLY FREE - Capital City Christian Church at 1608 Swifts Hwy. Jefferson City MO 65109 Park In Lower Parking Lot By Dumpster [O/#/D]

COLUMBIA- 5:30 p.m. - QUARTER 'TIL NA Missouri United Methodist Church 204 S 9th St. Columbia MO 65201 (The first 20 min. will be for personal work on steps, traditions, &/or journaling. Discussion to follow) [C,#,B,L,W]

COLUMBIA - 6 p.m. - LIVE OR DIE- Broadway Christian Church, 2601 W. Broadway Columbia MO 65203(Basement entrance on north side of building) [O/CI/N/#]

HANNIBAL -7:00 p.m. New Attitudes Group, Park United Methodist Church, 2335 Palmyra Rd., Hannibal, MO [O, D, WC]

COLUMBIA- 7p.m. - WHERE THERE'S A WILL THERE'S A WAY - St. Andrew's Lutheran Church 914 West Blvd S, Columbia, MO 65203[O, L, W]

ZOOM - 7:00 p.m. SISTER TO SISTER - Meeting ID: 715 0855 8010 Password: 663878 [O/N]

VANDALIA - 7 p.m. - NO EXCUSES - Beacon Of Hope Church 201 N. Jefferson, Vandalia, MO, 63382 [O,L,D] (Back entrance of church)

MARSHALL-7p.m. - CHANGING LIVES GROUP- Presbyterian Church, 710 East Yerby Street, Marshall, MO, 65340-2352 [O,WC,BK]

Wednesday

QUINCY,IL 6 p.m. We Recover by Choice Union United Methodist Church 1101 State Street, Quincy, IL, 62301-4958 Between 11th & 12th Basement [O,D,WC]

COLUMBIA - 6:30 p.m. - HUMP DAY - St Andrew's Lutheran Church 914 West Blvd. Columbia, MO 65203 [C/B/S/T/#/L/W]

MEXICO - 7 p.m. - MEXICO GROUP - First Presbyterian Church, 400 Lakeview Rd, Mexico MO 65265 [C/V/CI/#/W]

JEFFERSON CITY - 7 p.m. – Keeping it Real Unitarian Universal Church,1021 Northeast Dr., Jefferson City, MO, 65109-2579 [C/D/#/W/O]

MARSHALL- 7p.m. Rock'n Recovery - 107 N. Miami, Marshall, MO 65340 [O,S,L,V]

COLUMBIA- 8:30 p.m. - SPIRITUAL CONNECTIONS Missouri United Methodist Church 204 S 9th St. Columbia, MO 65201(Entrance at the side of the building under the awning) [O,#,W, D]

Thursday

ZOOM -12:00pm We Wanna Live Group

Zoom ID: 574 127 571, Passcode: 824953

JEFFERSON CITY - 5:30 p.m. - FINALLY FREE - Capital City Christian Church at 1608 Swifts Hwy. Jefferson City, MO 65109 Park In Lower Parking Lot By Dumpster[O/#/D]

COLUMBIA- 5:45 p.m. - QUARTER 'TIL NA Missouri United Methodist Church 204 S 9th St. Columbia MO 65201 [C,#,L,W]

COLUMBIA - 7 pm - JUST FOR TODAY First Christian Church, 101 N. 10th St., Columbia, MO 65201 [O/N]

HANNIBAL -7 p.m. New Attitudes Group, Park United Methodist Church, 2335 Palmyra Rd., Hannibal, MO 63401-4270 [O,D,WC]

Friday

MEXICO - 12 p.m. - MEXICO GROUP - First Presbyterian Church, 400 Lakeview Rd, Mexico MO 65265 [O/V/CI/#/W]

QUINCY,IL 1 p.m. We Recover by Choice Salvation Army, 501 Broadway, Quincy, IL 62301 [O,D,WC]

JEFFERSON CITY - 5:30 p.m. - NO MATTER WHAT - Wesley United Methodist Church, 2727 Wesley St. Jefferson City, MO 65109 [O/#]

COLUMBIA- 6 p.m. - SHOW ME YOUR RECOVERY - ROC, 1621 Towne Dr., Columbia, MO 65202 [O/#/W] Lit Study on the 1st and 3rd of the month

MARSHALL- 7 p.m. - CHANGING LIVES GROUP - Presbyterian Church, 710 East Yerby Street, Marshall, MO, 65340-2352 [O,WC]

FULTON- 7pm - NEVER ALONE - Callaway Christian Church, 2051 Silver Dr. Fulton, MO 65251 [CI/#/W/V]

Saturday

COLUMBIA - 10 a.m. - SATURDAY SERENITY Broadway Christian Church, 2601 W. Broadway, Columbia, MO 65203 (Basement entrance on north side of building)[O/V/#N]

QUINCY,IL 12 p.m. We Recover by Choice Union United Methodist Church 1101 State Street, Quincy, IL, 62301-4958 Between 11th & 12th Basement [O,D,WC]

COLUMBIA - 7 p.m. - SATURDAY NIGHT SOLUTIONS - Unity Center of Columbia - 1600 W. Broadway Columbia, MO 65203[C/V/#/W]

JEFFERSON CITY - 7 p.m. – Keeping it Real, Unitarian Universal Church,1021 Northeast Dr., Jefferson City, MO, 65109-2579[C/D/#/W/CI]

MARSHALL- 7p.m. Rock'n Recovery - 107 N. Miami, Marshall, MO 65340 [O,S,L,V]

Sunday

COLUMBIA – 6 p.m. – WE DO RECOVER – Unity Center of Columbia, 1600 W. Broadway Columbia, MO 65203(Use main door by waterfall, head left down hall and into Friendship Hall on your right)[C/L/W/#]

HANNIBAL -6:00 p.m. New Attitudes Group, Park United Methodist Church, 2335 Palmyra Rd., Hannibal, MO [O, D, WC]

QUINCY,IL 6 p.m. We Recover by Choice Union United Methodist Church 1101 State Street, Quincy, IL, 62301-4958 Between 11th & 12th Basement [O,D,WC]

MEXICO –7 p.m. – MEXICO GROUP - First Presbyterian Church, 400 Lakeview Rd, Mexico MO 65265 [C/#/W/L]

SEDALIA - 7 p.m. - NEW BEGINNINGS -First Christian Church, 200 S Limit Ave, Sedalia, MO 65301, [O/#/W/L] 3rd Sun Step Study]

COLUMBIA - 7:30 p.m. - WE WANNA LIVE- Broadway Christian Church, 2601 W. Broadway Columbia, MO 65203(Basement entrance on north side of building) [O/N/#/V]

JEFFERSON CITY - 7 p.m. ONE STEP AT A TIME - Memorial Baptist Church, 1120 Madison St., Jefferson City, MO 65101 [C,L,S,W#]

Additional ZOOM Meetings

International Marathon Meeting (24/7): ID is 494 965 5895 Password: 1953

NANA Marathon Meeting (24/7): ID is 558 544 927 Password: 247247

For other virtual meetings please refer to https://virtual-na.org/

Please email midmopr@gmail.com for any updates needing to be made to schedule.

Key:

C = Closed meetings are only for addicts or for people who think they may have a drug problem.
O = Open meetings are open to the general public.
O* = Open last week of the month
= Non-Smoking
+ = Smoking
B – Basic Text Study
L = Literature Study
S – Step Study
T = Tradition Study
Cl – Candlelight
V = Format Varies
D – Discussion
W – Wheelchair Access
N – Non-Wheelchair Access
11 – 11th Step Meditation
H = Childcare Available

ASC INFO: Meets 1st Sunday of the month (unless otherwise specified)
Moss Building, 1905 Hillcrest Dr., Columbia, MO 65201

The following subcommittees meet before the ASC on the same Sunday.

– 12:00 p.m. Cabin Fever Prevention Conv
– 12:00 p.m. Hospitals & Institutions (H&I)
– 12:30 p.m. Activities
– 1:00 p.m. Public Relations (PR)
– 2:00 p.m. Business Meeting

N.A. is not affiliated with nor endorses any of the facilities in which the meetings are located.

If you are looking for meetings outside of our area please visit the NA World Website www.na.org

Suggestions for Staying Clean

- Attend 90 meetings in 90 days.
- Stay away from old playgrounds, playmates, and playthings.
- Get phone numbers and use them.
- Spend time with other recovering addicts.
- Get a Sponsor and Work the Steps.
- Get involved with Service.
- Keep coming back.

Names & Phone Numbers

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RECOVERY SCHEDULE for the Mid-Missouri Area of Narcotics Anonymous Est. 1986

Oct., Nov., & Dec. 2026

Columbia, Fulton, Jefferson City, Mexico, Sedalia, Marshall, Hannibal,
Vandalia,and Quincy

24-HOUR HELPLINE
1-800-945-HOPE (4673)

NARCOTICS ANONYMOUS
P.O. Box 1364
Columbia, MO 65205

A non-profit organization pursuant to IRS Code 501(c)(3).

For upcoming events and latest information visit our Website at: www.midmissourina.com